

NATIONAL VOCABULARY CHAMPIONSHIP

FIND OUT HOW YOU COULD WIN \$40,000 TOWARD COLLEGE TUITION.

[click here for more info](#)

gsn

WATCH IT!
24/7 News, Sports, Biz & Entertainment Videos

NEW YORK'S HOMETOWN CONNECTION

WWW.NYDAILYNEWS.COM

DAILY NEWS

DAILY DISH

SEARCH FOR

IN Current

GO

HOME

NEWS & VIEWS

SPORTS

ENTERTAINMENT

BIZ/MONEY

BOROUGHES

CITY LIFE

SERVICES

Ad Links

Refinance

Get quotes from multiple lenders. Save thousands - Bad credit OK
www.Low.com

Knee Pain?

Learn about Stryker Knee Replacements Designed with Women in Mind
www.aboutstryker.com

Hoodia Diet: Seen on 60 Minutes

New Hoodia Diet Patch Promises Fast Weight Loss, No Hunger! 1 Week Free
www.curbyourcraving...

Privacy Matters!

3-in-1 Free Credit Report & Score. Protect against Identity Theft.
www.privacymatters....

Battle of the Exes

What to do when you're Cameron, Jessica or Drew - and a fight's brewin'

By JO PIAZZA

It's a classic breakup tale: Boy dumps girl, boy finds new girl, old girl goes bananas. It even happens in celebrity-land. When Cameron Diaz caught ex-beau Justin Timberlake canoodling with Jessica Biel at Prince's Golden Globes after-party, she stalked over to the pair, bellowing insults at Jessica.

Her good pal Drew Barrymore tried to distract Cam's ire and pull her onto the dance floor. Jessica just sat there and took it.

When women all over New York heard the story, they gave a knowing nod. They've all been there: The new girlfriend, the scorned ex and the friend who just wants everyone to be happy and drink some champagne.

Eliza Ryan, 28, from Manhattan, threw a Cameron once. She actually tossed wine on a woman who had stolen her man. "When you're Cameron, you always regret it in the morning," she says. "But we've all been there."

The drama's bound to repeat when Cam, Jess and Drew collide again at any one of this month's fleet of awards shows, parties and dinners.

Which means some post-breakup protocol is in order.

If you're Cameron, take it like a woman. "As hard as it may be, you really have to take the high road," says Jen Schefft, former professional Bachelorette and author of the new book "Better Single Than Sorry." She knows a little something about breaking up, and getting back together, and breaking up again. "If you can get out of the room before they see you, that's the best. But if you run into the new happy couple, be gracious to each of them. Be quick and easy. Don't have a conversation with the other woman. Kill them



with kindness, but don't overdo it."





When in Drew's shoes, run - and fast. "Grab your friend and get out of there," says Schefft. "Tell them to shut their mouth so they don't say something they don't mean. Be firm and take charge, because your friend isn't thinking straight."

Remember, your friend is hurting. "The best thing you can do is stop your friend from making an ass of herself," says relationship expert Cooper Lawrence. "She is hurt. Six months from now, Cameron will bounce back."

Jessicas, newly dating and not really in the mood to take on a disgruntled ex, should keep the peace. "See how the ex reacts and take your cues from her," says Schefft. "If she starts screaming at you, politely tell her: 'This isn't about me. Whatever issue you have, take it up with your ex.' And then walk away. Tell the guy that it was awkward for you, but laugh it off. It isn't his fault either."

Lawrence believes in taking a vow of silence. "Sit there and say nothing," she says. "This is another woman, and on some level this is a sisterhood. Anything you say or do will make you look like more of a bitch."

Originally published on February 1, 2007

 XML	Fresh stories hot off the site every day via RSS!
	Have stories like this emailed right to your inbox!
	Email this story
	Printer-friendly version



[Home](#) | [News & Views](#) | [Sports](#) | [Entertainment](#) | [Business](#) | [Boroughs](#) | [City Life](#) | [Services](#)

All contents © 2007 Daily News, L.P.
[Terms and Conditions of Use](#) | [Privacy Policy](#)